



Rollerblading on Thursdays!

What do you do after school?
Do you want to learn rollerblading?
I can teach you!

- First, buy a pair of rollerblades and start rolling!
- Take it easy in the beginning. Watch out for babies and children, sand, mud and trees! Wear a helmet, knee-pads, elbow-pads, wrist guards and gloves.
- Wear a T-shirt, and shorts. Or a pair of trousers and a long sleeve shirt or sweatshirt. They protect your legs and arms even better.

Come to the park on Thursdays!

Leo Smith 8D

Captain of the school rollerblading team



rollerblading – åka rullskridskor,
inlines

on Thursdays – på torsdagar

● learn – lära sig

● teach – lära ut

first – först

● buy – köpa

take it easy – ta det lugnt

in the beginning – i början
watch out for – se upp för

● mud – lera

● wear – ha på sig

● helmet – hjälm

elbow-pad – armbågsskydd

wrist guard – handledsskydd

● glove – handske

● a pair of trousers – ett par byxor
long sleeve shirt – långärmad
skjorta

● sweatshirt – collegetröja

● protect – skydda

even – här: ännu

captain – lagkapten